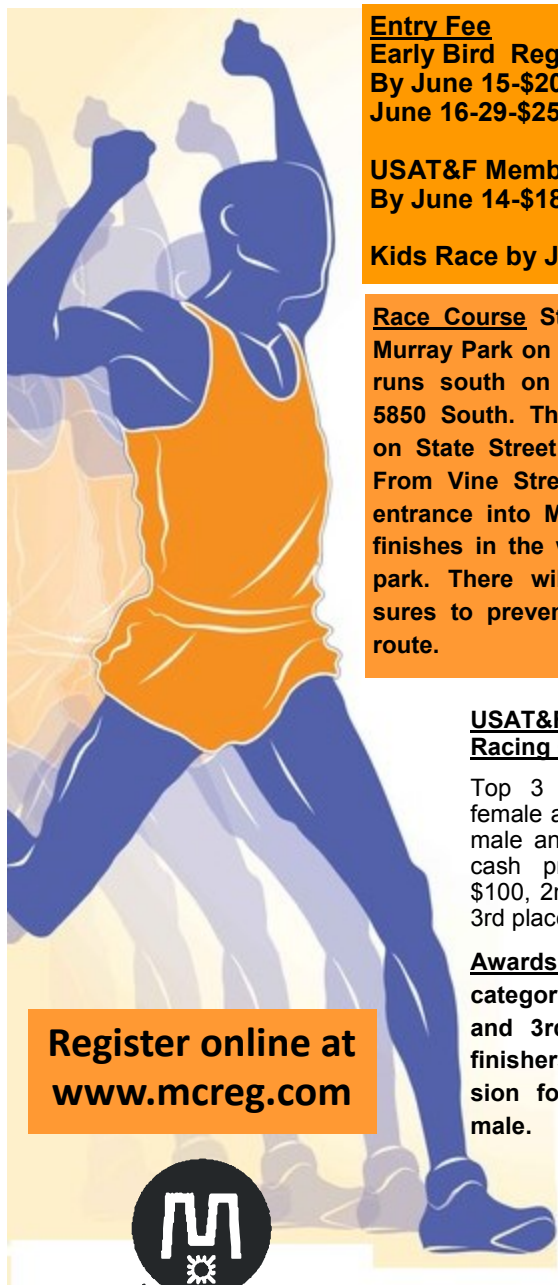


# Intermountain Medical Center MURRAY FUN DAYS 5K

Wed., July 4, 5K @ 8:00 am & Kids Race @ 9:00 am



**Entry Fee**  
Early Bird Registration  
By June 15-\$20, between  
June 16-29-\$25

**USAT&F Members**  
By June 14-\$18

**Kids Race by June 28-\$10**

**Race Course** Starts in front of Murray Park on State Street and runs south on State Street to 5850 South. Then heads north on State Street to Vine Street. From Vine Street to the north entrance into Murray Park and finishes in the west end of the park. There will be road closures to prevent traffic on the route.

## **USAT&F LDR Road Racing Circuit**

Top 3 open male and female and top 3 masters male and female receive cash prizes. 1st place \$100, 2nd place \$75 and 3rd place \$50

**Awards** Given in each category for 1st, 2nd and 3rd to the top 3 finishers in each division for male and female.

Register online at  
[www.mcreg.com](http://www.mcreg.com)



Intermountain  
Medical Center



**Race bags  
can be  
picked up  
after the  
race.**

**No day of  
Race Regis-  
trations!!**

**No Bandits  
please!**

## **Murray Fun Days 5K Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_ USAT&F# \_\_\_\_\_

### **5K Divisions: Please Circle your Division**

11 & Under, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, Clydesdale (men over 220 lbs), Athena (women over 160lbs)

**Kids Race: Please Circle** 4-6 year olds, 7-9 year olds

### **T-shirt Size: Please Circle**

YS YM YL AS AM AL AXL AXXL AXXXL AXXXXL

### **Release and waiver (Please Read)**

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives, successors, or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, in the course of my participation.

This release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or an other record of the event for an purpose. Minors will be accepted with a parent's signature.

Signature \_\_\_\_\_

Date \_\_\_\_\_